# **CURRICULUM VITAE**

# DR VIVIENNE CASS

Ph.D., M.Psych., B.Psych., Teach. Cert., Dip. Sch. Mus., FAPS, MACPA AHPRA Registered

Consultant Clinical Psychologist & Psychotherapist Sexuality Specialist, Independent Scholar, Author

#### **ACADEMIC QUALIFICATIONS**

Doctor of Philosophy Murdoch University, Western Australia.

1986

Master of Psychology Postgraduate Clinical Training

University of Western Australia

1975

Bachelor of Psychology University of Western Australia

1973

Teachers Certificate Secondary Teacher's College, Western Australia.

1968

Diploma of School Music Secondary Teacher's College, Western Australia.

1968

### SPECIALISED PROFESSIONAL TRAINING

On-going professional development Various topics, including professional development

requirements for Australian Psychological Society and

AHPRA registration

Eye Movement Desensitisation

and Reprocessing

Levels I and II July 1992

Feldenkrais Body Training

(Phase One)

Feldenkrais Interest Group

1987

Gestalt Therapy Certificate Gestalt Institute of Western Australia 1980 - 1984

Systems Theory, Group

**Dynamics** 

Wasley Psychodrama Centre

1983/4

Sexual and Relationship

(Marital) Therapy

Melbourne, Victoria,

1976, 1978

# **EMPLOYMENT HISTORY**

# **Clinical Employment and Experience**

Consultant Clinical Psychologist Clinical supervision of psychologists, expert reports,

practice management, psychotherapy, mentoring, clinical

support of health professionals.

2007 -

Adjunct Associate Professor Sexology Program, Department of Public Health, Curtin

University 2011-2015

Private Practice (Clinical Psychology and Psychotherapy)

Working in areas of personal development, marriage/ relationship, sexual dysfunction, sexual assault/ harassment, sexual offences, stress, life crises, women's and men's issues, sexual orientation, sexual identity, gender identity, transgender, health issues. Semi-retired since 2007.

1979 - 2007

External Academic Supervisor and Dissertation Examiner

Research theses of postgraduate & Ph.D students

(Australian and international)

1980 - 2008

Consultant Employee Assistant Schemes - Defence Dept, ICI Australia,

BP Australia, Royal Perth Hospital

1991 - 2000

Consultant Department of Community Development, Commonwealth

Rehabilitation Services

1990 - 1998

Consultant Psychologist To Family and criminal Court, parole board - consultation,

reports and expert witness.

1979 -

Consultant Psychologist Haemophiliac Clinic, Fremantle Hospital

Responsible for psychological services to haemophiliacs

found to be HIV positive

1988 - 1989

Invited Participant Academy of Social Sciences symposium: Analysis and

policy planning for the area of Sex Research in Australia.

1989

Consultant Psychologist (AIDS Counselling)

Department of Health (Sexually Transmitted Diseases Clinic, Western Australian Government. Responsible for setting up psychological services for AIDS and related conditions. Involved liaison with medical, educational and health professionals, health administrators. Clinical work and training of professionals also undertaken. Lectures on psychology of AIDS, policy development at government

level, safe sex. 1985 - 1986

Group work Managed, supervised and ran group programmes (Eg, RSI,

Assertiveness training, stress-management for working women, over-eating and body-image, communicating with

others, sexual Awareness.

1984 - 1986

Consultant Psychologist To various government agencies (e.g., Department of

Prisons, Community Welfare Department, Education

Department, Division for Intellectually Handicapped, Family

Planning Association.

1975 - 1989

Co-Organiser Planning and implementation of Psychology Clinic,

University of Western Australia

1977

Founder/Director Homosexual Counselling and Information Service of

Western Australia. Planning and implementation. Telephone and interview counselling of individuals, families and couples. Training course for counsellors. Supervision of practicums. Public speaking and lecturing to professional, community and student groups. Media consultancy, radio and TV interviews. Founding of groups for youth and

married couples. 1974 - 1982

Clinical Psychologist Mental Health Services, Western Australia

1975 - 1976

# LECTURING, TRAINING, PROFESSIONAL PRESENTATIONS, PUBLIC SPEAKING

(See also under Organisational Employment; and Conference and Seminar Papers for extended listing)

Numerous presentations in psychology, human relations and sexuality since 1975. The following are some examples:

Lecturer *Academic*:

All universities in Western Australia (training at

postgraduate and undergraduate level). *Main topics*: Sexual dysfunction, sexual counselling and therapy, sexual identity.

1975 -

Lecturer Non Academic:

'Sexuality and health', Women's sexuality, Burnout. (Elysia

Health Resort) 2004 - 2006

Presenter, Organiser, Convenor

HIV/AIDS:

National Symposium on Theoretical and Research Issues Relating to AIDS and Burnout Among Health Workers. 1989 Homosexual identity and HIV/AIDS (Health Workers, AUS) 1993; Seminar on Women and AIDS 1993

GENERAL:

Workshop Organiser and Presenter -

Numerous skills training courses related to psychology

and human relations (counselling skills, sexual counselling, sexual assault, HIV infection, interviewing skills, women's issues, prisons and homosexuality, communication and self-awareness, conflict resolution, women and power. Given to government, community and university organisations.

1975 - 1994

**Invited Presentation** 

By Kinsey Institute of Sexuality to present Paper and participate in international Symposium to Review Kinsey's theoretical work. Indiana University USA (one of 15 invited

international speakers)

1986

Course Organiser/ Presenter Professional Training Course on Sexual Counselling and Therapy: Private courses for multidisciplined health

workers; 1977 - 1979

**Guest Lecturer** 

To tertiary institutions in areas of psychology, human relations, sexuality and therapeutic interventions(e.g., Departments of Social Work, Nursing, Psychology, Education, Occupational Therapy, Dental School) and organisations both private and public (eg, Family Court counsellors)

1973 - 2007

Lecturer

Part-time Position. Clinical psychology postgraduate course, University of Western Australia. Course Organiser and Presenter: Introduction to Sexual Therapy & Counselling (12 month course).

1977 -1983

**University Tutor** 

Part-time Position

Supervisor: trainee clinical psychology students in therapy.

Murdoch University

1979

Clinical Tutor

Department of Psychology, University of Western Australia. Clinical psychology postgraduate programme. Organisation and management of student practicums, liaison with placement supervisors, running clinic meetings and

assessment of student progress.

1978

Supervisor Trainee Clinical Psychology students on placement at

Psychology Clinic, University of Western Australia

(individual and group work)

1978

University Tutor Part-time Position: Introductory Psychology, Psychology

Department, Murdoch University, Western Aust. 1976; University Tutor, part-time Position: Human Sexuality. Department of Psychiatry, University of Western Australia.

1977

Secondary School Teacher Education Department of Western Australia

1969

#### ORGANISATIONAL EMPLOYMENT

Consultancy and training was carried out with a variety of organisations in the areas of human relations and organisational psychology. Examples of these are:

Consultant/leadership Coach One-to-one consultation with senior managers of large

corporations, on management and leadership skills

2000 - 2007

Consultant Working with national law firm - dealing with post-merger

problems; training in team work.

1999

Conference Presenter National Dental Congress - Effective People Management,

1998

Consultant Assessment of staff conflict

National company

1995

Consultant Recruitment Interviews for selection of members of process

control team National Company 1995 - 2001

Consultant Review of General Managers Team,

**International Company** 

1995

Consultant/Presenter Review of Management Team and relevant structure

International Company

1994

Consultant

Team Development, manager training and conflict resolution

Medical Practice

1994

Consultant/Presenter Team building - process control group

**International Mining Company** 

1994

Consultant/Presenter Team development and senior executive strategy

development

International Mining Company 1993 - 2006

Consultant Senior Management Group - application of policy in

Diversity Management International Company

1993

Presenter Seminars on Women in Management

**Public Service Departments** 

1992

Consultant Analysis of performance standards, development and

implementation of appraisal systems - various nursing homes

1990 - 1991

Consultant Training needs analysis - government department and private

organisations

1991

Consultant/Presenter Development and running of training programmes in

Counselling, Conflict Management, Personal Image and Communication, Taking A Positive Approach To Job Loss And Redeployment, Dealing Positively With Organisational Change, Team-building, Leadership, Management Skills.

Engaged by various government departments and Public Service Commission - part of manager training, executive development programmes and senior executive service

development programmes. Also private organisations.

1989 - 2007

Conference Leader Nursing Homes Association - strategic planning and vision

development.

1991

Organiser and Leader Workshop on Policy Development for Counselling People

At Risk For AIDS First National Conference on AIDS.

1985

Consultant Adviser Department of Health, New South Wales government

Investigation into the need for psychological and mental health services for people with AIDS and AIDS-related

problems.

1984

Consultant As part of Professional Advisory Committee of

Psychodrama Institute, Western Australia carried out a

management review of the Institute.

1983 - 1984

Invited Speaker Various organisations EG, Readymix Convention

Petroleum Club, Women Lawyers and Doctors Association

1979 - 2007

#### OTHER EMPLOYMENT

Publisher See under Publishing (below)

Magazine columnist Writing of regular monthly magazine columns on sexual

issues in Women's Fitness & Health, Australian Natural

Health, SheMedia (online).

2004 - 2007

Interviewing Officer Commonwealth Employment Service,

Perth, Western Australia

1970 - 1971

Bookkeeper F.B.M. Furniture Manufacturers

1969 - 1970

Teacher Education Department, Western Australia

1968

# **MEDIA CONSULTANCY**

Australian Psychological On psychology and sexuality topics

Society Media Contact 1984 -

Co-Broadcaster Fortnightly talk-back radio programme on Human Relations

1995

Co-Broadcaster Weekly one hour radio programme Human Relations:

"You're Only Human"

1988 - 1990

Series consultant National series on human relationships:

and Presenter "Heart To Heart" with Seven TV Network

1989

Series Consultant For the national series "Human

and Guest Interviewee Relationships" - ABC-Radio National

1987 - 1990

Invited Guest Interviewee Numerous media interviews (TV, radio, print media, online),

International (eg, New York Times Magazine, Cleo) and

Australian

# **PUBLISHING**

**Brightfire Press** 

Established by Vivienne Cass in 2003 - specialising in the publication of educational materials and books on sexology.

#### **Publications:**

The Elusive Orgasm: A woman's guide to why she can't and

how she can orgasm (2004) by Vivienne Cass

This book distills 30 years of clinical practice in the area of

women's sexual difficulties.

North American Edition: Perseus Book Group 2007 Australian (Updated) Edition: Rockpool Publishing 2009. Translations in Chinese, Czech, Russian, Spanish & Polish.

Forthcoming: Romanian.

Out in the Antipodes: Australian and New Zealand perspective on gay and lesbian issues in psychology (2004). Gordon Walker & Damien Riggs (Editors). (Out of print)

*The Illustrated Clitoris* (2005) - a set of educational posters of the Clitoral Anatomy for the health professional.

Explore Women's Sex (2011) - app for iPhone, Ipad and iTouch covering topic of the Clitoral Anatomy, with illustrations, quizzes and information. (No longer available)

A Quick Guide to the Cass Theory of Lesbian & Gay Identity Formation (2015) - ebook providing a comprehensive overview of the theory.

#### ORGANISATIONAL/COMMITTEE INVOLVEMENT

Member Western Australian Branch Committee, Australian

**Psychological Society** 

2025

Member Advisory Committee, GRAI Western Australia

2022-2023

Member LGBTI Health Alliance Ethics and Research Committee

2014 - 2015

Member Advisory Committee on Sexology Course, Public Health

Department, Curtin University, Western Australia

2009 - 2010

Member/Reviewer Editorial Board, Gay & Lesbian Interest Group in

Psychology Review (Online journal)

Government Appointee Ministerial Committee on Lesbian and Gay Law Reform,

Attorney-General's Department of Western Australia

2001

Member/Reviewer Editorial Board, Journal of Lesbian Studies

1999 - 2001

Member/Reviewer Editorial Board, Journal of Homosexuality

1985 -

Advisor, Psychology Australian Psychological Society (W.A. Branch)

Week Media Subcommittee

1997

Media Contact Person Australian Psychological Society (National)

1984 - 2007

Convenor Professional Advisory Committee,

Gay and Lesbian Counselling Service of W.A.

1991 -1995

Ministerial Appointee Commonwealth AIDS Research Grants Committee.

1988 - 1991

Committee Member National AIDS Counsellors Association (W.A. Branch)

1987 -1993

Advisor Australian National Advisory Committee on AIDS

1987 - 1993

Ministerial Appointee Legal and Social Subcommittee, Australian National

Advisory Council on AIDS

1986 - 1987

Committee Member Advisory Committee, Women's Studies Courses, Edith

Cowan University

1986 - 1995

Member AIDS Task Force

Australian Psychological Society (Western Australian

Branch) 1985 - 1990

Committee Member Australian Psychological Society Committee to review the

Sexual Assault Referral Centre (W.A.).

1985

Appointed Council Member Western Australian Advisory Council, Australian

**Broadcasting Commission** 

Member Editorial Advisory Board, Campaign Against Moral

Persecution (Western Australia) Inc.

1984

Appointed Member Professional Advisory Committee, Psychodrama Institute of

Western Australia,

1983 - 1990

Founder Self-help groups for married gay and men/lesbians and their

spouses, teenagers

1979 - 1980

Founder/Director Gay and Lesbian Counselling Service (W.A.)

1974

# PROFESSIONAL MEMBERSHIPS

Fellow Australian Psychological Society (Clinical College)

1975 -

Member Australian Clinical Psychologists Association

2014 -

Honorary Fellow Institute of Clinical Psychology

2009 - 2011

Member International Academy of Sex Research

2008 -

Member The Women's Sexual Health Foundation

2005 - 2010

Member Australian Society of Authors

1987 -

Member Australian Copyright Association

2004 -

Member Australian Publishers Association

2005 - 2007

Member International Society for the Study of Women's Sexual

Health 2001 - 2013

Member New York Academy of Science

1997 -

Honorary Life Member Chameleon Cross-dressers Society of Western Australia

Member The Society for the Scientific Study of Sexuality

Member Australian Society of Sex Educators, Researchers and

Therapists

1976 - 1986; 2000 - 2013

Honorary Member Western Australian Sexology Society

2000 - 2015

Member Women's Interest Group, Australian Psychological Society

1984 - 1986

Registered Clinical Psychologist, AHPRA,

1976 -

#### **PUBLICATIONS**

Cass, V.C. The Myth of Asexual Motherhood. In <u>Mothers, sex and sexuality</u>. H. Zwalf, M.Walks & J. Mortenson (Eds). Demeter Press NJ 2020.

- Cass, V.C. Preface. In <u>Orientations: Teaching about Identity, Attraction & Behaviour.</u> T Clark, T Gilbert & K. Rayne (Eds). Centre for Sex Education. 2020
- Cass, V.C. <u>A Quick Guide to the Cass Theory of Lesbian & Gay Identity Formation</u> *Ebook Edition*. Brightfire Press WA 2015
- Cass, V.C. The Elusive Orgasm: A woman's guide to why she can't and how she can orgasm
  Romanian Edition 2015
- Cass, V.C. <u>Explore Women's Sex</u> iPhone/iPad App. Brightfire Press 2011
- Cass, V.C. The Elusive Orgasm: A woman's guide to why she can't and how she can orgasm Spanish edition 2010
- Cass, V.C. <u>The Elusive Orgasm: A woman's guide to why she can't and how she can orgasm</u> Editions in Chinese, Czech, Polish, Russian 2009
- Cass, V.C. The Elusive Orgasm: A woman's guide to why she can't and how she can orgasm (Updated Edition) Rockpool Publishing 2009
- Cass, V.C. The Elusive Orgasm: A woman's guide to why she can't and how she can orgasm (North American Edition) Perseus Books 2007
- Cass, V.C. Sexual orientation and the place of psychology: side-lined, side-tracked or should that be side-swiped? . Gay and lesbian issues and psychology review. 2006, Vol 2(1), 25-37.
- Cass, V.C. Who is influencing whom? The relationship between identity, sexual orientation and indigenous psychology. Gay and lesbian issues and psychology review. 2005, Volume 1, no 2, 47-52.
- Cass, V.C. The Illustrated Clitoris: Set of educational illustrations. Brightfire Press, 2005.

- Cass, V.C. The Elusive Orgasm: A woman's guide to why she can't and how she can orgasm Brightfire Press, 2004
- Cass, V.C. Sexual orientation, culture and the construction of gay and lesbian identities. In Out in the Antipodes: Australian & New Zealand perspectives on gay and lesbian issues in psychology Eds D Riggs & G Walker, Brightfire Press 2004
- Cass, V.C. Current perspectives on sexual orientation <u>Connect</u> (Publication of Western Australian Department of Health), 2001
- Cass, V.C. Bringing psychology in from the cold: Framing psychological theory and research within a constructionist psychology framework. In J. Bohan & G. Russell,

  Psychology and Sexual Orientation: The Meanings We Make Conversations about Psychology and Sexual Orientation NY University Press 1999
- Cass, V.C. Why People Are Homosexual, Heterosexual or Bisexual Pamphlet written for the Society for the Scientific Study of Sexuality (USA) 1999
- Cass, V.C. Homosexuality, in E. Knobil & J. Neill (Eds) <u>Encyclopedia of Reproduction</u> NY American Academic Press, 1998
- Cass, V.C. Sexual orientation identity formation: A Western phenomenon, In R. Cabaj & T. Stein (Eds), <u>Textbook of Homosexuality and Mental Health</u> American Psychiatric Press, Washington, 1996
- Cass, V.C. Understanding Homosexuality and Bisexuality, in F. Maltby, N. Gage & D. Berliner, <u>Educational Psychology: An Australian and New Zealand Perspective</u> Brisbane: John Wiley & Sons 1995
- Cass, V.C. The implications of homosexual identity formation for the Kinsey model and scale of sexual preference. Chapter in D. McWhirter, S Sanders & R. Reinisch (Eds),

  Heterosexuality-Homosexuality: Concepts of Sexual Orientation N.Y.: Oxford Press 1990
- Cass, V.C. There's More To Sex Than AIDS: The A To Z Guide To Safe Sex Greenhouse Press 1988
- Cass, V.C. Homosexual Identity Questionnaire in C. Davis, W. Yarber & S. Davis (Eds)

  <u>Sexuality-Related Measures: A Compendium</u> Graphic Publishing Co., 1988
- Ross, M., Carson, J., Cass, V., Hart, J. & Wilson, P.

  Knowledge of AIDS in Australia: a national study <u>Health Education Research</u>, 1988,3(4),367-373
- Cass, V.C. Homosexual identity: A concept in need of definition. <u>Journal of Homosexuality</u>, 1983/4, 9(2/3), 105 126.

Also in:

DeCecco, J.P. & Shively, M.G.(Eds.) <u>Bisexual and homosexual identities: Critical</u> theoretical issues, New York: The Haworth Press, 1984.

Cass, V.C. Homosexual identity formation: Testing a theoretical model. <u>Journal of Sex</u> Research, 1984, 20, 143 - 167.

- Cass, V.C. Lesbian mothers and the role of the law and helping professional, in B.Buick (Ed.) Women in Jeopardy, Perth: W.E.L. 1981
- Cass, V.C. Homosexual identity formation: A theoretical model. <u>Journal of Homosexuality</u>, 1979, 4(3), 219 234.

# **UNPUBLISHED MANUSCRIPTS**

- Cass, V.C. Age of Consent for sexual activity: Findings from the scientific literature to support equality of age of consent for same-sex and different-sex sexual behaviours Paper prepared for the Committee on Gay And Lesbian Law Reform, Western Australian Government 2001
- Cass, V.C. <u>Homosexual identity formation: The presentation and testing of a socio-cognitive</u> model. Unpublished Doctoral Thesis, Murdoch University, 1986
- Cass, V.C. <u>Assessment of mental health needs and resources available to residents of New South Wales in relation to Acquired Immune Deficiency Syndrome (AIDS) and related conditions.</u> Report commissioned by the Health, Media and Education Unit, Department of Health, New South Wales Government. December 1984.
- Cass, V.C. Eysenck's Theory of Crime and Personality <u>Unpublished Master's Thesis</u> 1975 University of Western Australia.

#### **CONFERENCE AND SEMINAR PAPERS AND COMMUNITY PRESENTATIONS**

- Cass, V.C. <u>Working with sexual problems</u>. Training workshops with health professionals. New Zealand Sexual Therapy Group. Auckland, 2019.
- Cass, V.C. <u>Introduction to Sexual Therapy</u>. Training seminar presented to the Mid-West Branch of the Australian Psychological Society, Geraldton. 2016.
- Cass, VC <u>Pain and Sexuality</u> Invited presentation to the Sir Charles Gairdner Hospital Pain Management Unit, 2015.
- Cass, V.C. <u>Sex and motherhood</u> Invited Keynote Address, 14<sup>th</sup> Asia-Oceanic Federation of Sexology conference, Brisbane, Australia, October 2014.
- Cass, V.C. <u>Effective sexual counselling of women with breast cancer: more than commonsense.</u>
  National Breast Care Nurses Conference, Melbourne, Vic, March 2013
- Cass, VC. Transgender issues in WA Police: Guidelines for policy development. Perth 2012.
- Cass, V.C. <u>Fame and infamy: memoirs of a (living) sex therapist.</u> Western Australian Sexology Society, September 2012.
- Cass, V.C. <u>Is your work with lesbian, gay and bisexual clients as effective as it could be?</u>
  Professional Development Seminar given to the Clinical College of the Australian Psychological Society, October 2011

- Cass, V.C. <u>Sex and motherhood</u> Keynote address given to the Perinatal Mental Health Association. October 2010
- Cass, V.C. <u>Transgender: Dealing with the hard issues</u> Talk given to the Chameleon Association of Western Australia, October 2010
- Cass, V.C. Female orgasm: the causes and treatment of women's difficulties with orgasm Paper given at the Sexuality Symposium of the 45th Congress of the Psychiatric Association of Turkey, October 2009
- Cass, V. C. <u>Sensate Focus: Advanced Workshop for the Clinical Practitioner</u> Workshop given at the Sexuality Symposium of the 45th Congress of the Psychiatric Association of Turkey, October 2009
- Cass, V.C. <u>Understanding women's sexuality</u> Talk given at Conscious Living Expo, Perth, August 2009
- Cass, V.C. Good sex can keep you healthy (Or an orgasm a day keeps the doctor away)

  Presentation to the Western Australian Sexology Society November 2008.
- Cass, V.C. <u>Lesbian and gay identity in the twenty-first century: Do we need the identity concept any more?</u> Paper given at the World Congress of Sexual Health, Sydney, April 2007.
- Cass, V.C. Working with sex offenders: A role for psychotherapists in private practice Invited keynote address given at the World Congress of Psychotherapy, Kuala Lumper, August 2006.
- Cass, V.C. <u>Introduction to Sexual Therapy for Psychotherapists</u> Workshop presented at the World Congress of Psychotherapy, Kuala Lumper, August 2006.
- Cass, V.C. <u>Mystery story or jigsaw puzzle: what is women's sexuality?</u> Invited address to the Sexual Health Society of Queensland, Brisbane, August 2006.
- Cass, V.C. <u>Sexual orientation development: gay, lesbian and bisexual identity formation.</u>

  Presentation to post-graduate psychology seminar, Edith Cowan University, Western Australia, July 2006
- Cass, V.C. The elusive orgasm: taking a 'whole woman' approach in the treatment of women's orgasm difficulties Paper presented at the New Zealand Sexual Dysfunction Conference, Queenstown, April 2006.
- Cass, V.C. <u>Disclosing identity as a cross-dresser</u> Talk given to the Chameleon Society, Western Australia, June 2006.
- Cass, V.C. <u>The joy of (publishing) Sex.</u> Talk to the Women In Publishing group of Western Australia, May 2006.
- Cass, V.C. <u>Women's sexual health.</u> Panel Discussant at Women of the West Luncheon, Perth Western Australia, October 2005.
- Cass, V.C. <u>Love, food and wine: The science of love</u> Presentation via telecast to regional centres of Western Australia as part of National Science Week, August 2005.

- Cass, V.C. <u>A chat about women's sexuality</u> Talk given to Corrigen Country Women's Group, Western Australia, August 2005.
- Cass, V.C. <u>A career in sexology</u> Presentation given at the World Congress of Sexology conference, Montreal July 2005.
- Cass, V.C. <u>Understanding women's difficulties with sex.</u> Invited Paper presented to the 12th Annual Women's Health Conference, Gold Coast, Australia, February 2005.
- Cass, V.C. Working effectively with sexual difficulties in relationships. Invited Paper presented to the 12<sup>th</sup> Annual Women's Health Conference, Gold Coast, Australia, February 2005.
- Cass, V.C. The truth about women's sexuality. Talk given to Women's Executive Forum, Perth, Western Australia, April 2005.
- Cass, V.C. <u>Sexcess in the city: the relationship between sexuality and success.</u> Talk given to Momentum Women's Forum, Perth, Western Australia, August, 2005.
- Cass, V.C. The Elusive Orgasm: Taking a 'whole woman' approach in the treatment of women's orgasm difficulties. Paper presented to the National Sexology Conference, University of Sydney, Australia, November 2004.
- Cass, V.C. Overview of psychological perspectives of cross-dressing for counsellors and professionals. Talk given at the Awareness & Understanding Seminar (Chameleon Society), Western Australia, April 2004.
- Cass, V.C. <u>The elusive orgasm: women's difficulties with orgasm.</u> Paper presented to meeting of the Western Australian Sexology Society, Western Australia, 2004.
- Cass, V.C. The elusive orgasm: myths and new discoveries in women's sexuality. Talk given at the Conscious Living Expo, Western Australia, 2004.
- Cass, V.C. <u>Understanding the impact of Hepatitis C on relationships</u>. Talk given to the Hepatitis Association, Western Australia, 2004.
- Cass, V.C. <u>Preparing for retirement</u>. Talk given to the Jewish Women's Conference, Western Australia, 2004.
- Cass, V.C. Who is influencing whom? The relationship between identity, sexual orientation and indigenous psychology. Paper presented to the Australian Psychological Society annual conference, Western Australia, 2003.
- Cass, V.C. Sexual orientation and the place of psychology: Side-lined, side-tracked or should that be side-swiped? Invited Keynote Address presented to the Australian Psychological Society: Gay and Lesbian Issues and Psychology Interest Group. Changing their minds: Celebrating our Diversity conference Melbourne, Australia, October 2003.
- Cass, V.C. <u>How psychology can help with Inflammatory Bowel Disease</u>. Paper given at the national conference of the Australian Crohn's & Colitis Association, Western Australia, 2003.

- Cass, V.C. <u>A day in the life of a psychologist</u>. Talk given to Orientation Seminar for Chinese Doctors, Curtin University, Western Australia, 2003.
- Cass, V.C. <u>Cross-dressing and depression</u>. Paper given to the annual conference of the Chameleon Society, Western Australia, 2003.
- Cass, V.C. <u>An update on research into women's sexuality</u>. Invited Paper given to the conference of the Australian Society of Sex Educators, Researchers & Therapists, Sydney, New South Wales, 2002.
- Cass, V.C. <u>Identify formation in intersexed and transgendered individuals.</u> Paper and workshop given to Intersexions II conference: Beyond medicine, Western Australia, October 2001.
- Cass, V.C. Working with sexual relationships: common pitfalls experienced by psychologists.

  Paper given to the Australian Psychological Society (WA branch) conference, 2001.
- Cass, V.C. <u>Sexual orientations: issues for the health professional</u>. Paper given to Health Department (Western Australia) professional development seminar, 2001.
- Cass, V.C. <u>A theory of homosexual identity formation and its implications for therapists.</u> Paper given at the 4th National Conference of the Institute of Private Clinical Psychologists (Western Australia), April 2001.
- Cass, V.C. <u>Understanding the impact of Herpes on relationships</u>. Talk to the Herpes Association, Perth, Western Australia, 2001.
- Cass, V.C. The impact of identity research on our understanding of sexual orientation.

  Invited Paper given to the European Sexology Congress, Berlin, Germany, June 2000.
- Cass, V.C. <u>Current transgender issues in clinical practice</u>. Talk given to the Western Australian Sexology Association, Perth 2000.
- Cass, V.C. <u>Fame and infamy: memoirs of a (living) sex therapist.</u> Dinner speech given to the Australian Psychological Society, Division of Independently Practising Psychologists, Perth 2000.
- Cass, V.C. Effective people management during periods of change in practice management.
  Invited Paper given to the Australasian Dental Congress, Perth, Western Australia, March 1998.
- Cass, V.C. Working effectively with gay, lesbian and bisexual youth.

  Invited Paper given to the Western Australian School Psychologists' Conference, August, 1997.
- Cass, V.C. <u>Lesbian identity formation: do we take a specific or generalist approach?</u>
  Invited Paper given to the 1996 Conference of the National Lesbian and Gay Health Association Conference, Seattle, Washington, July 17th 1996.

- Cass, V.C. Same question different answer: The impact of social constructionist psychology on the study of sexual orientation. Invited Key Session Paper given to the 1995

  Conference of the Society For The Scientific Study of Sexuality: The Science of Sexual Orientation, Palm Springs, USA, April 1995.
- Cass, V.C. <u>Burnout: Easy to catch, not so easy to treat.</u>
  Invited Paper given to Australian Society for HIV in Medicine Conference, Sydney, New South Wales, 1994.
- Cass, V.C. <u>Lesbian/Gay Identity Formation and Coming Out</u>
  Invited Paper to Lesbian and Gay Health Issues Conference, Sydney, New South Wales, September, 1992.
- Cass, V.C. Homosexual identity and its development: Implications of current theory and research for the Kinsey model and scale of sexual preference.

  Invited Paper presented at the Second Kinsey Symposium, Indiana University, May 1986.
- Cass, V.C. <u>Feminist therapy, women's therapy, nonsexist therapy: What's in a name?</u>
  Invited Keynote Address to the fourth national Women and Therapy Conference held in Perth, Western Australia, August 1986.
- Cass, V.C. <u>Human relations programmes: Implications for educational policy.</u> Paper prepared for the Western Australian Advisory Council of the Australian Broadcasting Corporation, February, 1984.
- Cass, V.C. <u>Gay parents and their children: new counselling directions for the helping professional.</u> Paper presented to the Fourth National Conference of the Australian Society for Sex Educators, Researchers and Therapists, Perth, Western Australia, May 1983.
- Cass, V.C. <u>A theory of homosexual identity formation and its application in the counselling situation.</u> Paper presented to the Third National Conference of the Australian Society for Sex Educators, Researchers and Therapists, Victoria, 1982.
- Cass, V.C. The position of the lesbian mother and her children within the judicial system.

  Invited Paper given to the First Congress for Psychiatry, Psychology and the Law, Victoria, 1981
- Cass, V.C. <u>Homosexual identity formation: A preliminary study to test a theoretical model.</u>
  Invited Paper to Congress for Australian and New Zealand Academy of Arts and Sciences, South Australia, May 1980.

#### **SUBMISSIONS**

- Cass, V.C. <u>Invited Submission</u> to the Parliamentary Legislative Council of Western Australia, Standing Committee On Legislation considering the Acts Amendment (Sexuality) Discrimination 1977 (Bill). 1998
- Cass, V.C. <u>Invited Submission</u> to the Australian Parliament Senate Standing Committee considering the Equal Opportunity Legislation (Sexuality Discrimination). 1997

Cass, V.C. Submission to Royal Commission on Homosexuality. Western Australian

Government, 1974.

#### **AWARDS**

Semi-finalist and 2005 Independent Publishers Book Awards (for 'The

Honourable Mention Recipient Elusive Orgasm')

2005

Hugo Beigel Research Award

(Finalist)

Offered by the Journal of Sex Research for

"Research Excellence". (Based upon the Journal of Sex

Research paper).

1981

Theory Development Award Presented by the Gay Academic Union of America For:

"Development of theory promising to significantly

contribute to an understanding of gay-related issues". (Based

upon the Journal of Homosexuality 1979 paper).

1979

#### **ARTICLES**

Some examples of topics of articles written for magazines, social media:

Mothering and sex

When a twosome is not enough Sex education: to tell or not to tell

Lasting the distance: sex in long-term relationships

Romantic obsessions

Lesser known sexual difficulties (Part 1 and 2)

An affair to remember: the effects of affairs on relationships

Sex and the career woman Getting over a break-up

Ouch that hurts: pain during sex Sex: the perfect health product Partners and use of pornography

Stress and sex

Sex with a much older partner

Gay dads

Sex and the older person

Bisexuality

### **RADIO AND TV INTERVIEWS**

Some examples of interview topics:

ABC Overnight <u>Children and sexuality: Naming sexual body parts</u>

6PR Radio, Perth, <u>Mid-life crises</u>.

ABC Radio, Albany Child murderers

Sydney Morning

Herald

Female orgasm.

ABC Radio, Adelaide

South Australia

Medicalisation of sexuality.

ABC/Distance Education

TV Telecast to Regional Centres of Western Australia The science of love

ABC Radio, Sydney NSW

Sex with a much younger/older partner

ABC Sydney NSW

Older sex

ABC Kalgoorlie,

Cheating on your partner

Western Australia

Channel 7, Today Tonight

Sex offenders

2GB Radio, Sydney NSW

Romance and long-term relationships

ABC Radio Melbourne

Victoria

Can you be friends with your ex-?

2GB Radio, Sydney NSW

Commitment

ABC Radio, Sydney NSW

Faking it